

# The Upside Of Aging

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## Holiday Closings



The Commission on Aging will be closed for the following holidays:

Veteran's Day - Observed November 12th  
Thanksgiving - November 22nd and 23rd  
Christmas - December 24th and 25th

The Commission on Aging does not provide make up appointments for the Thanksgiving, Christmas or New Year's Holidays. Your worker would then see you again in two weeks if you are scheduled to be seen on any of these dates.

## Leaf Removal

Leaves are finally starting to fall, and the Home Chore crew is busy working to clean them up. They started the week of October 29th and will continue, as long as it is feasible to do so.

It may be a difficult season for leaf removal this year. The lateness of the leaves falling, potentially coupled with an early snowfall, is always a possibility. If it happens, it could put an abrupt end to our leaf removal program.

We always start in areas where the leaves have fallen faster than other areas, but there just isn't enough time to wait for all the leaves to fall before we start. Additionally, we will normally do the city first, due to their leaf pickup schedule.

As always, please be patient as we have approximately 400 yards to complete throughout the county. If we are unable to get to them this fall, we will be out in the spring, as soon as we can.



## Baskets of Bounty

Do you have a friend or someone you know who will be alone for the Holidays? The Commission on Aging can make their holiday season merrier by providing a holiday gift package.

Gift packages may include food, paper products, personal hygiene items and pet supplies. If you know of a Grand Traverse County resident, 60 years of age or older, who is alone for the Holidays, this program might be for them.

To refer an individual to be included in our program please call our office at 231-922-4688 or toll free 1-877-686-4688

## Community Meals Program

*No-one should have to be alone for the holidays...* is the motto of the Community Meals Program.

This year's Thanksgiving Day meal will be served from 1 – 3 p.m. on November 22nd, and is being hosted by Trinity Lutheran Church at 1003 S. Maple Street, in Traverse City, MI.

This year's meal will offer a choice of either turkey or ham, along with a variety of sides and desserts. They do deliver to people who are unable to get out. If you are a shut-in, or physically unable attend or to pick up a meal, you may request meal delivery within a limited area of the Grand Traverse region by calling them at (231) 360-7608.



## December

### Staff Birthdays

Cindy K. - 1  
Tyron R. - 1  
Tasi U. - 14  
Tara A. - 24



### Staff Anniversaries

Rhonda Y. - 11  
Tasi U. - 2  
Mike G. - 5