



801 E. Front Street, Traverse City, Michigan 49686 231-922-4911

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## **\*FOR IMMEDIATE RELEASE\***

**Date: Tuesday, March 1, 2016**

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**Subject: Senior Center Hosts Disaster Prep Presentation**

In cooperation with the Red Cross, the Senior Center at 801 E. Front St, Traverse City will host a special disaster preparedness presentation on Tuesday, March 15 at 3:30 p.m.

Natural and human-caused disasters can strike suddenly at anytime, anywhere, and, according to Senior Center Network Program Coordinator Ericca Hovie, "Knowing how to be prepared for a disaster, especially in the case that help is delayed, is essential."

Hovie said the Senior Center is excited to have the "disaster experts," the Red Cross, make this presentation. Each year, the organization responds to approximately 70,000 disasters across the nation. Whether a flood, fire, medical emergency, or hurricane, most events affect one family at a time, according to Red Cross statistics.

During the disaster preparedness session, Red Cross representatives will share three actions participants can take that will make an important difference in disaster response.

Advance registration is required for this free presentation. Call 231-922-4911 or send an e-mail [dmikowski@grandtraverse.org](mailto:dmikowski@grandtraverse.org) for more information.

**Lori Wells, Manager**

**Grand Traverse County Senior Center Network**

801 East Front Street, Traverse City, Michigan 49686

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*The Senior Center Network is part of the Grand Traverse County Parks and Recreation Department. The Network provides many programs to older adults in Grand Traverse County with locations in Traverse City, Acme, Fife Lake, Interlochen, and Kingsley. Thousands of adults enjoy dozens of activities on a daily basis. Business hours are Monday through Friday from 8 a.m. to 5 p.m. For more information, call 231-922-4911, or visit our website or Facebook page.*