



## Grand Traverse County Commission on Aging Senior Center Network

801 E. Front St.  
Traverse City, MI 49686  
231-922-4911  
[www.gtcoa.org](http://www.gtcoa.org)

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### **\*FOR IMMEDIATE RELEASE\***

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#### **Subject: Skin Health & Skin Cancers**

On Thursday, December 3 at 10:30 am at the Senior Center in Traverse, Dr. Mary Beth Hardwicke will be discussing how to care for aging skin. Many lifestyle factors affect aging skin and cause changes such as dryness, age spots, wrinkles, bumps, bruises and more. Learn how to prevent these issues and care for them at this special presentation. "I will also review the types of skin lesions that should prompt a visit to your doctor," says Dr. Hardwicke.

Advanced registration required for this free one hour presentation. Questions? Call 231-922-4911 or email [dmikowski@grandtraverse.org](mailto:dmikowski@grandtraverse.org)

The Senior Center Network is part of the Grand Traverse County Commission on Aging – "Caring for those who cared for you" for 40 years.

***Lori Wells, Deputy Director***

***Grand Traverse County Senior Center Network***

801 East Front Street

Traverse City, MI 49686

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*The Senior Center Network is part of the Commission on Aging, "Caring For Those Who Cared For You." The Network provides many programs to older adults in Grand Traverse County. There are locations in Traverse City, Acme, Fife Lake, Interlochen and Kingsley. Thousands of seniors enjoy dozens of activities on a daily basis. Business hours are Monday – Friday 8 am – 5 pm. Call 922-4911, check our website or FaceBook page for more information.*