



## Grand Traverse County Commission on Aging Senior Center Network

801 E. Front St.  
Traverse City, MI 49686  
231-922-4911  
[www.gtcoa.org](http://www.gtcoa.org)

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### **\*FOR IMMEDIATE RELEASE\***

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### **Subject: Learn More about Medicare Changes Coming in 2016**

What changes can adults expect for Medicare in 2016? Participants are only given a 54 day window to make health decisions that affect them for the entire next year. Starting on Oct 15 and ending on Dec 7 for those over 65 Medicare's annual enrollment period gives participants a chance to review and make changes to their current plan. On December 8, that opportunity ends. The Affordable Care Act annual enrollment starts on November 1 and goes until January 31, 2016. Within that time frame those individuals and families under the age of 65 will have an opportunity to purchase health insurance for the next years as well.

On Wednesday, October 7 at 10:30 a.m. and 6:00 p.m. at the Senior Center Network in Traverse City, Fred L. Goldenberg of Senior Benefit Solutions will be conducting an educational seminar. Goldenberg works with several health organizations that are leading the way for individuals to find the right coverage at the right price. "2016 will have some big changes for certain Blue Cross plans," says Goldenberg. He will also be covering the basics of Medicare, looking at how Medicare works and more of the anticipated changes for 2016. This is an educational forum and no specific plans will be discussed.

Call the Grand Traverse Senior Center Network at 231-922-4911 or email [dmikowski@grandtraverse.org](mailto:dmikowski@grandtraverse.org) to pre-register for this informative presentation.

The Senior Center Network is part of the Grand Traverse County Commission on Aging – "Caring for those who cared for you" for 40 years.

**Lori Wells, Deputy Director**  
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*The Senior Center Network is part of the Commission on Aging, "Caring For Those Who Cared For You." The Network provides many programs to older adults in Grand Traverse County. There are locations in Traverse City, Acme, Fife Lake, Interlochen and Kingsley. Thousands of seniors enjoy dozens of activities on a daily basis. Business hours are Monday – Friday 8 am – 5 pm. Call 922-4911, check our website or FaceBook page for more information.*