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**\*FOR IMMEDIATE RELEASE\***

**Date: March 9, 2018**

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**Subject: Navigating the Health Care Maze**

**Interlochen** – If you are experiencing a serious health condition, it can feel like uncharted territory. The medical and health care system has become more complex, fragmented and often frustrating. Also, medical professionals are pressed for time as patient loads increase. That’s when you could use someone to help you navigate your way through the health care maze. A patient liaison’s primary role is to remove the obstacles patients face in accessing or receiving treatment. Hospitals are now using these liaisons or navigators to help patients traverse an often-confusing medical system.

Join Munson Medical Center Patient Liaison Tim Lueck, RN, BSN, on Thursday, March 22, 12:30-2:00 p.m., at the Golden Fellowship Hall, Interlochen, 9700 Riley Road, as he offers tips for navigating Munson’s healthcare system, from scheduling all pre-op procedures to working with different specialists. . This event is also available on Wednesday, April 18, at 12:30, in Kingsley, 115 E. Blair Street.

The discussion is free, but advance registration is required by the Thursday of the week prior to the presentation at both Interlochen and Kingsley.

For more information and to register, email [dmikowski@grandtraverse.org](mailto:dmikowski@grandtraverse.org) or call 231-922-2080.

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