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FOR IMMEDIATE RELEASE

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Contact: Lori Wells, Manager
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Subject: Sharing Lives and Legacies

Traverse City – Now that you have raised your family and may have even retired, do you finally have time to write that life story or memoir you've been contemplating for years? A written life story or memoir represents your history, your identity, in addition to your connection to the past and present. It is part story telling, part biography and part exposé, vexing even the most talented of writers.

If you are feeling intimidated about writing your story and could use some help, join seasoned writers, Jennifer Carroll and Jennifer Earls from Letters for Us, on Wednesday, November 8, 10 a.m., at the Traverse City Senior Center, 801 E. Front Street, for a workshop on sharing lives and legacies. Letters For Us offers experienced coaching and workshops on all aspects of writing memoirs and life stories.

Carroll and Earls will present tips and tools to create an autobiography that can accurately portray the story you have to tell. Results can also provide the foundation for compelling obituaries. What slice of your life means the most to you and would want your family or friends to know?

Bring your ideas and a notebook. There is potential for follow-up coaching.

The cost is \$15 and advance registration is required.

For more information and to register, email dmikowski@grandtraverse.org or call 231-922-4911.

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