



801 E. Front Street, Traverse City, Michigan 49686

231-922-4911

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FOR IMMEDIATE RELEASE

Date: October 25, 2017

Contact: Lori Wells, Manager

Phone/Email: 231-922-4911/lwells@grandtraverse.org

Subject: Memorial Holiday Ornament Crafts

Traverse City – Loss is an inevitable part of life and grief is a natural response to loss. Coping with a significant loss of a loved one can develop into one of the most difficult times in a person’s life. Spending time with others who have already been through what you are facing, can be an important source of mental strength and support. When you have lost someone special, you lose the capacity for celebration and holidays only magnify the loss. Thus, the need for support may be the greatest during holiday times.

For that reason, join the Munson Hospice Grief Support group on Wednesday, November 8, 5:00 p.m. at the Traverse City Senior Center, 801 E Front Street, for an ornament-making event. Bring a small photo of the loved one you have lost to make a holiday ornament in remembrance. Supplies are provided. In addition, if desired, ceramic ornaments will be available for glazing.

The event to make holiday ornaments is free, but the cost of each ceramic ornament is \$8. Advance registration is required.

For more information and to register, email dmikowski@grandtraverse.org or call 231-922-4911.

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