



801 E. Front Street, Traverse City, Michigan 49686

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*s Making longer lives, better lives.*

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## **\*FOR IMMEDIATE RELEASE\***

**Date: September 14, 2017**

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**Subject: Parade of Senior Homes**

**Traverse City** – Today’s seniors have many options when deciding where and how they want to live. Two of the most common senior housing options are assisted living and independent living. Assisted Living communities are designed for seniors who are no longer able to live on their own safely, but do not require the high level of medical care provided in a nursing home. Seniors may be quiet high functioning, needing only minimal assist bathing, dressing, meals and keeping track of medication but still want to live relatively independent around their peers, providing a continuum of care through end of life.

Independent or assisted living – which is right for you? Learn about housing options and funding through the Parade of Senior Homes, on Friday, September 22, 9 a.m., at the Traverse City Senior Center, 801 E. Front Street, sponsored by Alliance for Senior Housing. Take a bus tour to assisted living and independent living homes – destinations that include the Village at Bay Ridge, Bay Ridge Assisted Living, Traverse Manor and Cordia. The bus leaves from the Senior Center promptly at 9 a.m. and returns at 2:30 p.m.

The senior home tour includes door prizes, food and fun for everyone participating. The event is free, but advance registration is required

For more information and to register, email [dmikowski@grandtraverse.org](mailto:dmikowski@grandtraverse.org) or call 231-922-4911.

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