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FOR IMMEDIATE RELEASE

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Contact: Lori Wells, Manager
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Subject: How to Visit a Loved One in a Nursing Home

Traverse City – Visiting a nursing home can be a daunting experience for anyone. Recognizing how hard it is for everyone to cope during a visit is important. Although, perhaps the most important point is caring enough to be there and what happens during the visit is secondary. Put yourself in a loved one’s shoes – would you want visitors?

Family members and friends are often uncertain of the nursing home procedure, when they should visit, how often to visit, what they should bring and how to communicate with the resident when visiting. By planning ahead, a visit can be a successful and rewarding experience.

Tendercare of Traverse City presents “How to Visit a Loved One in a Nursing Home” on Wednesday, June 14, 3 p.m. at the Traverse City Senior Center, 801 E. Front Street. The challenges of communicating with nursing home staff, choosing items to bring to a resident and deciding what to do with a family member during a visit are real. Tendercare will address those challenges and help participants plan less stressful, more comfortable and quality visits with family or friends who are residents of nursing homes.

There is no cost for the presentation, but advanced registration is required.

For more information and to register, email dmikowski@grandtraverse.org or call 231-922-4911.

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