

# INTERLOCHEN SENIOR CENTER - GOLDEN FELLOWSHIP HALL



9700 Riley Road  
Interlochen, MI 49643  
[grandtraverse.org/scn](http://grandtraverse.org/scn)

Locations also in Fife Lake, Kingsley, Acme and  
Traverse City

Full schedules for each location available on  
our website.



## JUNE WEEKLY RECURRING PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>9 a.m.:</b> Yoga <b>10 a.m.:</b> Strong Bones & Balance Exercise	<b>11 a.m.:</b> Line Dancing <b>1 p.m.:</b> Mah Jongg <b>4 p.m.:</b> Euchre	<b>10 a.m.:</b> Art with a Heart (Every Wednesday except first Wednesday of the month. Meeting in the Library this month)  <b>10 a.m.:</b> Bereavement Group	<b>9 a.m.:</b> Meditation <b>10 a.m.:</b> Strong Bones & Balance Exercise <b>11 a.m.:</b> Open Games <b>11 a.m.:</b> Massage <b>12 noon:</b> Lunch	<b>1 p.m.:</b> Creative Circle <b>1 p.m.:</b> Wii <b>2 p.m.:</b> Social Bridge (pre-registration required) <b>2 p.m.:</b> Beginner Euchre Club (pre-registration required)	
					SATURDAY

## JUNE SPECIAL PROGRAMS (See Newsletter for Details)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>6/4:</b> Tips on Securing Your Credit; 1:30 p.m.	<b>6/19:</b> Last Art Class; 1 p.m.	<b>6/20:</b> Volunteer Picnic @ Senior Center; 5 p.m. <b>6/27:</b> IPL Booksale; no Programming <b>6/27:</b> Last Bereavement Group Meets off site. <b>6/27:</b> I Do, Take Two @ Gilbert Lodge; 6 p.m.	<b>6/7:</b> Project Fresh Distribution; 10:30 a.m. <b>6/7:</b> Bingo; 1 p.m. <b>6/14:</b> Blood Pressure/ Glucose Check 11:30-12:30 p.m. <b>6/14:</b> Father's Day Lunch; 12 noon	<b>6/14:</b> Oh Deer Presentation; 12:30 p.m. <b>6/21:</b> De-Clutter Your Life; 12:30 p.m. <b>6/28:</b> NO PROGRAMMING <b>6/28:</b> IPL Book Sale	
					SATURDAY
					<b>6/9:</b> Rock n Jam @ Kingsley the Rock; 5 - 8 p.m.

**Lunch:** Please call (231) 922-2080 to make your reservation by Monday the week you would like to attend. Cost: \$3 suggested donation for those 60+; \$5 charge for all others.

**ALL DATES AND TIMES ARE SUBJECT TO CHANGE.** Please see the People, Parks and Programs Newsletter for details of all above programs. To register in advance for special programs or if you have questions, call the Senior Center at (231) 922-2080.