

June Senior Center Network Lunch Menu

TRAVERSE CITY

12 p.m./Monday-Friday
Reservations MUST be made
24 hours in advance, call

947-5285

INTERLOCHEN

12 p.m./Thursday
Reservations MUST be made
by Monday the week of, call

922-2080

KINGSLEY

12 p.m./Wednesday
Reservations MUST be made
by Monday the week of, call

922-2080

FIFE LAKE





12 p.m./Wednesdays, June 6 & 20
Reservations MUST be made
by Monday the week of, call

879-4101

\$3.00

Suggested Donation for those 60+; \$5 CHARGE FOR THOSE UNDER 60

Milk, whole grain white bread, (salad/slaw TC location only) and fruit served with every meal. Menu subject to change.

				<p>Fri Jun 1 Swiss Steak Roasted Potato Prince Charles Blend</p>
<p>Mon Jun 4 Meatloaf and Gravy Mashed Potatoes Capri Blend</p>	<p>Tue Jun 5 Egg Salad W/Bread Potato Salad Broccoli Slaw</p>	<p>Wed Jun 6 Ham Dinner Mashed Sweet Potatoes Creamed Spinach Dessert—Kingsley</p>	<p>Thurs Jun 7 Goulash Peas and Carrots Succotash Dessert—Interlochen</p>	<p>Fri Jun 8 Chicken W/Mushroom Gravy Red Skin Mashed Potatoes Beets Dessert—Traverse City</p>
<p>Mon Jun 11 Sweet and Sour Chicken Rice Pilaf Brussels Sprouts</p>	<p>Tue Jun 12 Shepherd's Pie Mashed Potatoes Sugar Snap Peas</p>	<p>Wed Jun 13 Hamburger W/Bun Baked Beans Creamy Cole Slaw</p>	<p>Thurs Jun 14 Meatballs Roasted Potato Key West Blend</p>	<p>Fri Jun 15 Happy Father's Day! Hot Dogs, Chili Sauce Potato Salad Chips</p>
<p>Mon Jun 18 BBQ Pulled Pork W/Bun Scalloped Potatoes Peas</p>	<p>Tue Jun 19 Baked Chicken Thigh Au Gratin Potatoes Beets</p>	<p>Wed Jun 20 Slow Roasted Beef Red Skin Mashed Potatoes Mixed Vegetables Dessert—Fife Lake</p>	<p>Thurs Jun 21 Bratwurst W/Bun Baked Beans Broccoli & Cauliflower W/Dip</p>	<p>Fri Jun 22 Cabbage Roll Peas and Peal Onions Corn</p>
<p>Mon Jun 25 Citrus Tilapia Stewed Tomatoes Green Bean Amandine</p>	<p>Tue Jun 26 Macaroni & Cheese Brussels Sprouts Fiesta Blend</p>	<p>Wed Jun 27 BBQ Chicken Thigh Roasted Potato Peas</p>	<p>Thurs Jun 28 Salisbury Steak Red Skin Mashed Potatoes Wax Beans</p>	<p>Fri Jun 29 Sloppy Joe W/Bun Potato Wedges Sugar Snap Peas</p>

**** SENIOR CENTER MEMBERSHIP IS NOT REQUIRED FOR LUNCH PROGRAM ****