

# June Senior Center Network Lunch Menu

## TRAVERSE CITY

12 p.m./Monday-Friday  
Reservations MUST be made  
24 hours in advance, call

947-5285

## INTERLOCHEN

12 p.m./Thursday  
Reservations MUST be made  
by Monday the week of, call

922-2080

## KINGSLEY

12 p.m./Wednesday  
Reservations MUST be made  
by Monday the week of, call

922-2080

## FIFE LAKE





12 p.m./Wednesdays, June 6 & 20  
Reservations MUST be made  
by Monday the week of, call

879-4101

**\$3.00**

**Suggested Donation for those 60+; \$5 CHARGE FOR THOSE UNDER 60**

Milk, whole grain white bread, (salad/slaw TC location only) and fruit served with every meal. Menu subject to change.

				<p><b>Fri Jun 1</b> Swiss Steak Roasted Potato Prince Charles Blend</p>
<p><b>Mon Jun 4</b> Meatloaf and Gravy Mashed Potatoes Capri Blend</p>	<p><b>Tue Jun 5</b> Egg Salad W/Bread Potato Salad Broccoli Slaw</p>	<p><b>Wed Jun 6</b> Ham Dinner Mashed Sweet Potatoes Creamed Spinach <b>Dessert—Kingsley</b></p>	<p><b>Thurs Jun 7</b> Goulash Peas and Carrots Succotash <b>Dessert—Interlochen</b></p>	<p><b>Fri Jun 8</b> Chicken W/Mushroom Gravy Red Skin Mashed Potatoes Beets <b>Dessert—Traverse City</b></p>
<p><b>Mon Jun 11</b> Sweet and Sour Chicken Rice Pilaf Brussels Sprouts</p>	<p><b>Tue Jun 12</b> Shepherd's Pie Mashed Potatoes Sugar Snap Peas</p>	<p><b>Wed Jun 13</b> Hamburger W/Bun Baked Beans Creamy Cole Slaw</p>	<p><b>Thurs Jun 14</b> Meatballs Roasted Potato Key West Blend</p>	<p><b>Fri Jun 15</b> <b>Happy Father's Day!</b> Hot Dogs, Chili Sauce Potato Salad Chips</p>
<p><b>Mon Jun 18</b> BBQ Pulled Pork W/Bun Scalloped Potatoes Peas</p>	<p><b>Tue Jun 19</b> Baked Chicken Thigh Au Gratin Potatoes Beets</p>	<p><b>Wed Jun 20</b> Slow Roasted Beef Red Skin Mashed Potatoes Mixed Vegetables <b>Dessert—Fife Lake</b></p>	<p><b>Thurs Jun 21</b> Bratwurst W/Bun Baked Beans Broccoli &amp; Cauliflower W/Dip</p>	<p><b>Fri Jun 22</b> Cabbage Roll Peas and Peal Onions Corn</p>
<p><b>Mon Jun 25</b> Citrus Tilapia Stewed Tomatoes Green Bean Amandine</p>	<p><b>Tue Jun 26</b> Macaroni &amp; Cheese Brussels Sprouts Fiesta Blend</p>	<p><b>Wed Jun 27</b> BBQ Chicken Thigh Roasted Potato Peas</p>	<p><b>Thurs Jun 28</b> Salisbury Steak Red Skin Mashed Potatoes Wax Beans</p>	<p><b>Fri Jun 29</b> Sloppy Joe W/Bun Potato Wedges Sugar Snap Peas</p>

**\*\* SENIOR CENTER MEMBERSHIP IS NOT REQUIRED FOR LUNCH PROGRAM \*\***