

May Senior Center Network Lunch Menu

TRAVERSE CITY

12 p.m./Monday-Friday
Reservations MUST be made
24 hours in advance, call

947-5285

INTERLOCHEN

12 p.m./Thursday
Reservations MUST be made
by Monday the week of, call

922-2080

KINGSLEY

12 p.m./Wednesday
Reservations MUST be made
by Monday the week of, call

922-2080

FIFE LAKE

12 p.m./May 2 Wednesday
Reservations MUST be made
by Monday the week of, call

879-4101



Suggested Donation for those 60+; \$5 CHARGE FOR THOSE UNDER 60

Milk, whole grain white bread, (salad/slaw TC location only) and fruit served with every meal. Menu subject to change.

	<p>Tue May 1 Grilled Hotdog W/Bun Kettle Beans Potato Wedges</p>	<p>Wed May 2 Chicken Fajita W/Tortilla Pepper and Onion Strips Black Beans W/Red Pepper Spanish Rice Dessert—Kingsley & Fife Lake</p>	<p>Thurs May 3 Penne Pasta Sauce W/Meatballs Malibu Blend Snap Peas Dessert — Interlochen</p>	<p>Fri May 4 Stuffed Pepper Casserole Brussels Sprouts Tossed Salad</p>
<p>Mon May 7 BBQ Chicken Thigh Roasted Sweet Potatoes Key West Blend</p>	<p>Tue May 8 Cabbage Roll w/Marinara European Blend Scalloped Apples</p>	<p>Wed May 9 Mother's Day Kingsley Honey Mustard Chicken Cubed Potatoes Squash Blend</p>	<p>Thurs May 10 Mother's Day Interlochen Ham Au Gratin Potatoes Winter Squash</p>	<p>Fri May 11 Mother's Day Party Turkey and Gravy Mashed Red Potatoes Peas & Pearl Onions Dessert—Traverse City</p>
<p>Mon May 14 Goulash California Blend Peas</p>	<p>Tue May 15 Citrus Tilapia Rice Pilaf European Blend</p>	<p>Wed May 16 NO LUNCH SENIOR EXPO TC Senior Center Open</p>	<p>Thurs May 17 Sweet and Sour Chicken Over Rice Oriental Blend Wax Beans</p>	<p>Fri May 18 Hamburger W/Bun Seasoned Potato Wedges Mixed Vegetables</p>
<p>Mon May 21 Chicken Salad W/Bun Coleslaw Potato Salad</p>	<p>Tue May 22 Salisbury Steak Mashed Potato Mixed Vegetables</p>	<p>Wed May 23 Beef Stew Sugar Snap Peas Beets</p>	<p>Thurs May 24 Sloppy Joes W/Bun Seasoned Potato Wedges Capri Blend</p>	<p>Fri May 25 Lemon Chicken Rice Pilaf Oriental Blend</p>
<p>Mon May 28 CLOSED </p>	<p>Tue May 29 BBQ Pulled Pork W/Bun Tater Tots Green Beans</p>	<p>Wed May 30 Cheese Ravioli W/Marinara Succotash Broccoli Slaw</p>	<p>Thurs May 31 Chili Peas and Carrots Winter Blend</p>	

**** SENIOR CENTER MEMBERSHIP IS NOT REQUIRED FOR LUNCH PROGRAM ****