

Grand Traverse County  
Commission on Aging  
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# The Upside of Aging

Volume 2, Issue 2

Newsletter for February, 2018

## President's Day

The Commission on Aging will be closed Monday, February 19th. No services will be provided on this date.



The Commission on Aging is once again hosting tax preparation through AARP. To take advantage of this free tax preparation program you must be a Grand Traverse County resident, aged 60 years or older. Your taxes must be simple by nature.

Services are provided by AARP trained volunteers, every Monday, Wednesday and Thursday from 9:00 AM through 3:00 PM. Call to schedule an appointment by contacting us at 231-922-4688. Once an appointment is made, a list of required documents needed to file your taxes will be sent to you.

If TCAPS closes on a scheduled appointment day, all appointments for the day are cancelled. Please contact us to reschedule your appointment.



*Caring for those who cared for you, since 1975*

# Sharps Disposal

The proper disposal of sharps (needles) is very important. If you use needles and do not belong to a return program, the best way to dispose of your sharps is to place them in a heavy weight plastic container, such as a plastic coffee can or laundry detergent container, duct tape the lid closed and place them in the garbage.



## Sharps By Mail

Below is a listing of locations and websites you can visit to purchase sharps containers for disposal through the US Mail system:

- Walgreens Pharmacy (all locations)
- Walmart Pharmacy - 2640 Crossing Circle, Traverse City
- CVS Pharmacy - 628 W Front St, Traverse City
- Hometown Pharmacy (all locations)

Online Websites:

- [www.stericycle.com](http://www.stericycle.com)
- [www.sharpsinc.com](http://www.sharpsinc.com)
- [www.sharpsdisposal.com](http://www.sharpsdisposal.com)
- [www.sharpsassure.com](http://www.sharpsassure.com)
- [www.amazon.com](http://www.amazon.com)
- [www.medprodisposal.com/michigan/](http://www.medprodisposal.com/michigan/)