

February Senior Center Network Lunch Menu

TRAVERSE CITY

12 p.m./Monday-Friday
Reservations MUST be made
24 hours in advance, call

947-5285

INTERLOCHEN

12 p.m./Thursday
Reservations MUST be made
by Monday the week of, call

922-4911

KINGSLEY

12 p.m./Wednesday
Reservations MUST be made
by Monday the week of, call

922-4911

FIFE LAKE







12 p.m./Feb 7 & 21 Wednesday
Reservations MUST be made
by Monday the week of, call

879-4101

\$3.00

Suggested Donation for those 60+; \$5 CHARGE FOR THOSE UNDER 60

Milk, whole grain white bread, (salad/slaw TC location only) and fruit served with every meal. Menu subject to change.

			Thurs Feb 1 Bratwurst W/Bun Seasoned Potato Wedges Mixed Vegetables Dessert — Interlochen	Fri Feb 2 Roast Beef & Gravy Mashed Red Potatoes Peas & Pearl Onions
Mon Feb 5 BBQ Chicken Breast Roast Sweet Potatoes Brussels Sprouts World Nutella Day	Tue Feb 6 Sloppy Joe W/Bun Kettle Beans Seasoned Potato Wedges	Wed Feb 7 Cheese Manicotti W/Marinara Sauce Green Beans Dessert—Kingsley	Thurs Feb 8 Shepherd's Pie Mashed Potatoes Normandy Blend	Fri Feb 9 PIZZA LUNCH Pizza (2 Slices) Tossed Salad & Cookie \$3.00 Pre Pay 24 Hour Adv. Reservation
Mon Feb 12 Sweet & Sour Meatballs Over Rice W/Vegetables Oriental Blend	Tue Feb 13 Chicken Fajita Strips W/ Pepper and Onions Fiesta Vegetable Blend	Wed Feb 14 Grilled Hamburger W/Bun Seasoned Potato Wedges European Blend	Thurs Feb 15 Penne Pasta W/Meat Sauce California Blend Broccoli Slaw	Fri Feb 16 Pork Loin Au Gratin Potatoes Scalloped Apples Dessert—Traverse City
Mon Feb 19 CLOSED 	Tue Feb 20 Beef Stew W/Vegetables Key West Blend Cottage Cheese	Wed Feb 21 Teriyaki Chicken Thigh Over Rice Wax Beans Peas & Carrots Dessert—Fife Lake	Thurs Feb 22 Turkey W/Gravy Mashed Sweet Potato Diced Beets	Fri Feb 23 Chicken Alfredo Malibu Blend Stewed Tomatoes
Mon Feb 26 Goulash European Blend Three Bean Salad	Tue Feb 27 Lemon Pepper Tilapia Glazed Carrots Snap Peas	Wed Feb 28 Salisbury Steak Roasted Potatoes Green Beans		
** SENIOR CENTER MEMBERSHIP IS NOT REQUIRED FOR LUNCH PROGRAM **				