



# FIFE LAKE

Fife Lake Library, 77 Lakecrest Lane, Fife Lake, MI 49633  
[grandtraverse.org/scn](http://grandtraverse.org/scn)

Locations also in Acme, Kingsley, Traverse City and Interlochen

Full schedules for each location available on our website.



## FIFE LAKE SENIOR CENTER CALENDAR - JULY 2017

### WEEKLY RECURRING PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00A: Fitness Over 50	7/5 & 7/19: Lunch	10:00A: Fitness Over 50	9:00A: Yoga	
					SUNDAY

### FIFE LAKE SPECIAL PROGRAMS (See Newsletter for Details)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7/3: Closed for 4th of July Weekend	7/4: Closed for 4th of July	<u>Presentations:</u> 7/19: Insomnia & Sleep; 12:30pm			
					SUNDAY

Lunch: Please call (231) 879-4101 to make your reservation by Monday the week you would like to attend. Cost: \$3 suggested donation for those 60+; \$5 charge for all others.

ALL DATES AND TIMES ARE SUBJECT TO CHANGE. To register in advance for special programs, please call the Senior Center at (231) 922-4911.