



# INTERLOCHEN

Golden Fellowship Hall  
9700 Riley Road



# KINGSLEY

The Rock  
115 E. Blair Street



# FIFE LAKE

Fife Lake Library  
77 Lakecrest Lane

Day	Time	Activity
<b>Mondays</b>	9 am	Gentle Yoga
	10 am	Strong Bones and Balance Exercise
<b>Tuesdays</b>	11 am	Line Dancing
	1:00 pm	Mah Jongg
	4:00 pm	Euchre
<b>Thursdays</b>	8:30 am	Yoga to Energize
	10 am	Strong Bones and Balance Exercise
	11 am	Massage
	12 pm	Lunch+
	1:30 pm	Hobby Group
	1:30 pm	Club Day

## APRIL

Day/Date	Time	Activity
<b>Thursday, 4/4</b>	12 pm	Tiger Opening Day+
	1:30 pm	Euchre Tournament
<b>Thursday, 4/11</b>	12:30 pm	Tree Health Presentation*
<b>Thursday 4/18</b>	11:30 am	Blood Pressure Clinic
	12:30 pm	Michigan Eccentrics Presentation*
<b>Thursday, 4/25</b>	1 pm	Legal Clinic*

Day	Time	Activity
<b>Wednesdays</b>	10:30 am	BINGO
	11 am	Wii Bowling
	11 am	Billiards
	12 pm	Lunch+
<b>Fridays</b>	9 am	Chair Yoga
	10 am	Euchre

## APRIL

Day/Date	Time	Activity
<b>Thursday, 4/4</b>	12 pm	Tiger Opening Day + Lunch @ Interlochen
	1:30 pm	Euchre Tournament @ Interlochen
<b>Friday, 4/12</b>	10 am	Foot Care Clinic*
<b>Saturday, 4/13</b>	5 - 8 pm	Rock n Jam
<b>Friday, 4/19</b>	NA	CLOSED: Good Friday

Day	Time	Activity
<b>Tuesdays</b>	10 am	Fitness Over 50
<b>Thursdays</b>	10 am	Fitness Over 50
<b>Fridays</b>	9 am	Yoga

## APRIL

Day/Date	Time	Activity
<b>Wednesday, 4/3</b>	12 pm	Lunch+
<b>Wednesday, 4/17</b>	12 pm	Lunch+
	12:30 pm	All about those Roundabouts *



# ACME

Samaritas  
4354 Mount Hope Road

Monthly Dinner & Presentation Series offered April—October. For full details, please see our newsletter; People, Parks and Programs.

### NOTES:

+See Menu on reverse side for more details.

\*Advanced registration required by calling the Senior Center at (231) 922-2080.



**ALL DATES AND TIMES ARE SUBJECT TO CHANGE.**

Please see our newsletter; People, Parks and Programs for complete details of all listed programs.