



<p>1 Meatloaf w/gravy Mashed Potatoes Green Beans Grapes Dinner Roll Brownie</p>	<p>2 Lemon Chicken Breast Red Skin Mashed Potatoes Stewed Tomatoes Peaches Bread</p>	<p>3 Homemade Goulash Mixed Vegetables Wax Beans Fresh Orange Dinner Roll <i>Kingsley – Birthday Dessert</i> <i>Fife Lake Lunch</i></p>	<p>4 TIGERS OPENING DAY Special Lunch \$3 per person Hot dogs Chili Sauce Potato Salad Chips</p>	<p>5 <i>Spring picnic lunch!</i> Egg Salad Sandwich w/bun Potato Salad Creamy Cole Slaw Applesauce <i>TC – Birthday Dessert</i></p>
<p>8 Stuffed Green Pepper Peas Beets Diced Pineapple Bread</p>	<p>9 Beef Stew Mashed Potatoes Prince Charles Blend Fruit Cocktail Dinner Roll</p>	<p>10 Sweet & Sour Chicken Vegetable Rice Pilaf Lettuce & Spinach Salad Banana Bread</p>	<p>11 Hot Turkey Sandwich w/bun Tater Tots Brussels Sprouts Mandarin Oranges Cookie</p>	<p>12 NO LUNCH SERVED DUE TO MEALS ON WHEELS STAFF MEETING</p>
<p>15 Chili Key West Blend Corn Mixed Fruit Dinner Roll</p>	<p>16 Sloppy Joe w/bun Red Skin Potatoes Fresh Broccoli & Cauliflower w/dip Warm Scalloped Apples</p>	<p>17 Swedish Meatballs Red Skin Mashed Potatoes Green Beans with Almonds Pineapple Chunks Dinner Roll <i>Fife Lake Lunch and Birthday Dessert</i></p>	<p>18 Chicken Breast w/ Mushrooms & Gravy Mashed Potatoes Beets Fresh Pear Bread</p>	<p>19 SENIOR CENTER CLOSED GOOD FRIDAY</p>
<p>22 Creamy Chicken a la King over Biscuit Mashed Potatoes Capri Blend Blueberries</p>	<p>23 Boneless Pork Chop Mashed Sweet Potatoes Fresh Orange Dinner Roll</p>	<p>24 Hot Roast Beef Sandwich w/bun Roasted Red Potatoes Herbed Carrots Sliced Pears Chocolate Pudding</p>	<p>25 Swiss Steak w/Gravy Mashed Potatoes Three Bean Salad Diced Peaches Bread</p>	<p>26 Honey Mustard Chicken Breast Butternut Squash Brussels Sprouts Mandarin Oranges Dinner Roll</p>
<p>29 Hamburger on a Bun Baked Beans Creamy Cole Slaw Fresh Apple</p>	<p>30 Macaroni & Cheese Green Beans Peas & Pearl Onions Fresh Pear Bread Fruit Crisp</p>			

Milk served with all meals. This menu is subject to change. \$3 suggested donation for those 60+; \$5 charge for those under 60. The Michigan Department of Aging and Adult Services provides the regulations regarding this menu.

To reserve or cancel meals in Traverse City, call 231-947-5285. For Kingsley and Interlochen, call 231-922-4911 by Monday of the week you would like to reserve; for Fife Lake, call 231-879-4101 by Monday of the week you would like to reserve.