



# KINGSLEY SENIOR CENTER - THE ROCK

115 E. Blair Street  
Kingsley, MI 49649

[grandtraverse.org/scn](http://grandtraverse.org/scn)

Locations also in Fife Lake, Kingsley,  
Traverse City and Interlochen

Full schedules for each location  
available on our website.



## FEBRUARY WEEKLY RECURRING PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:30 a.m.: Bingo 11a.m.: Wii Bowling / Pool 12 noon: **Lunch		9 a.m. Chair Yoga (\$2) 10 a.m.: Euchre (\$1 to play)	
					SUNDAY

## FEBRUARY SPECIAL PROGRAMS (See newsletter for details)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		2/6: Soup Potluck; 12 noon 2/13: Valentine's Party; 12 noon 2/20: Heart Health Presentation; 12:30 pm 2/27: AARP Tax Prep. 10:30 a.m. - 2:00 p.m.		2/8: Foot Care; 10am - 12 p.m.	2/9: Rock n Jam; 5-8 p.m.
					SUNDAY

**\*\*Lunch:** Please call (231) 922-2080 to make or cancel your reservation by Monday the week of. Cost: \$3 suggested donation for those 60+; \$5 all others. If lunch is canceled due to schools being closed, you are automatically scheduled for the next lunch. \*\*

**ALL DATES AND TIMES ARE SUBJECT TO CHANGE.** When TCAPS and/or Kingsley Schools are closed, all programs are canceled for that day. Please see the People, Parks and Programs Newsletter for details of all above programs. To register for special programs or if you have questions, please call the Traverse City Senior Center at (231) 922-2080.