

INTERLOCHEN SENIOR CENTER - GOLDEN FELLOWSHIP HALL



9700 Riley Road

Interlochen, MI 49643

grandtraverse.org/scn

Locations also in Fife Lake, Kingsley, Acme
and Traverse City

Full schedules for each location available
on our website.



DECEMBER WEEKLY RECURRING PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 a.m.: Gentle Yoga 10 a.m.: Strong Bones & Balance Exercise	11 a.m.: Line Dancing 12:30 p.m.: Mah Jongg 3:30 p.m.: Euchre	10 a.m.: Art with a Heart (will resume and start meeting at new library Dec 12)	10 a.m.: Strong Bones & Balance Exercise 11 a.m.: Massage 12 noon: Lunch	1:30 p.m.: Wii 1:30 p.m.: Hobby Group 1:30 p.m.: Club Day
				SATURDAY

DECEMBER SPECIAL PROGRAMS (See Newsletter for Details)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	12/18: Euchre Christmas Party; 3:30 p.m.		12/06: Christmas Cards with Jan Oliver; 1 p.m. 12/20: Christmas Lunch w/ Mary Sue Wilkinson; 12 noon	12/20: Blood Pressure/ Glucose Check 11:30-12:30 p.m.
12/24 CLOSED; Christmas Eve 12/31 CLOSED; New Year's Eve	12/25 CLOSED; Christmas Day 1/1/2019 CLOSED; New Year's Day		12/27: CLOSED; ALL PROGRAMS CANCELLED	
				SATURDAY
				SUNDAY

Lunch: Please call (231) 922-2080 to make your reservation by Monday the week you would like to attend. Cost: \$3 suggested donation for those 60+; \$5 charge for all others.

ALL DATES AND TIMES ARE SUBJECT TO CHANGE. Please see the People, Parks and Programs Newsletter for details of all above programs. To register in advance for special programs or if you have questions, call the Senior Center at (231) 922-2080.