

DECEMBER Senior Center Network Lunch Menu

TRAVERSE CITY

12 p.m./Monday-Friday
Reservations MUST be made
24 hours in advance, call

947-5285

INTERLOCHEN

12 p.m./Thursday
Reservations MUST be made
by Monday the week of, call

922-2080

KINGSLEY

12 p.m./Wednesday
Reservations MUST be made
by Monday the week of, call

922-2080

FIFE LAKE

12 p.m. Wed., December 5 and 19
Reservations MUST be made
by Monday the week of, call

879-4101

\$3.00

Suggested Donation for those 60+; \$5 CHARGE FOR THOSE UNDER 60

Milk, whole grain white bread, (salad/slaw TC location only) and fruit served with every meal. Menu subject to change.

Mon December 3 Citrus Tilapia Mashed Sweet Potatoes Succotash	Tue December 4 BBQ Chicken Breast Red Skin Mashed Potatoes Beets	Wed December 5 Swiss Steak w/gravy Mashed Potatoes Key West Blend Dessert—Kingsley	Thurs December 6 Sweet & Sour Pork Vegetable Rice Pilaf Mixed Vegetables Dessert—Interlochen	Fri December 7 Chili Key West Blend Dessert—Traverse City
Mon December 10 Baked Chicken Breast Au Gratin Potatoes Key West Blend	Tue December 11 Swedish Meatballs Mashed Potatoes Brussels Sprouts	Wed December 12 Grilled Chicken Sandwich Roasted Red Potatoes Green Beans Amandine	Thurs December 13 Cabbage Roll w/Marinara Fiesta Blend Peas & Pearl Onions	Fri December 14 Tender Pork Loin Red Skin Mashed Potatoes Wax Beans
Mon December 17 Meatloaf & Gravy Red Skin Mashed Potatoes Winter Squash	Tue December 18 Spaghetti w/Meat Sauce Green Beans Mixed Vegetables	Wed December 19 Ham Roasted Potatoes Broccoli & Carrots Holiday Lunch	Thurs December 20 Sloppy Joe w/bun Baked Beans Creamy Cole Slaw Interlochen Menu see Dec 19	Fri December 21 Chicken Breast w/ Mushrooms Mashed Potatoes Beets
Mon December 24 CLOSED In observance of Christmas Eve	Tue December 25 CLOSED In observance of Christmas Day	Wed December 26 Creamy Chicken a la King Vegetable Rice Pilaf Three Bean Salad NO Meal in Kingsley	Thurs December 27 Salisbury Steak Red Skin Mashed Potatoes Stewed Tomatoes NO Meal in Interlochen	Fri December 28 Hamburger w/bun Baked Beans Corn
Mon December 31 CLOSED In observance of New Year's Eve	** SENIOR CENTER MEMBERSHIP IS NOT REQUIRED FOR LUNCH PROGRAM **			