



**Grand Traverse County
Senior Center Network**

801 E. Front St.
Traverse City, MI 49686
231-922-4911
www.gtcoa.org

FOR IMMEDIATE RELEASE

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Contact Person/Title: Ericca Hovie, Program Coordinator

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Subject: Trump those Lagging Winter Blues – Play Bridge!

With spring just around the bend, add a new activity – one that challenges the mind, requires finesse, and keen personal interaction, yet also engages participants in uplifting diversion and conversation. Contract Bridge is extremely popular, especially among retirees, as it incorporates elements of chance, tactical skill within randomness, partial knowledge and restricted communication during play. According to Ericca Hovie, Program Coordinator, “Newcomers to bridge and those who have not played for 20 years, enjoy this format for learning and playing this intriguing game.” For only \$20 per person, plus \$5/book, the Senior Center of Traverse City offers a session of 6 classes, instructed by Shirley Delaney, on Mondays, beginning February 23, 2015; beginners meet from 12:00 – 2:30 p.m., intermediate players, 2:30 – 5:00 p.m. Advance registration is required; please call 231-922-4911.

Lori Wells, Deputy Director

Grand Traverse County Senior Center Network

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The Senior Center Network is part of the Commission on Aging, “Caring For Those Who Cared For You.” The Network provides many programs to older adults in Grand Traverse County. There are locations in Traverse City, Acme, Fife Lake, Interlochen and Kingsley. Thousands of seniors enjoy dozens of activities on a daily basis. Business hours are Monday – Friday 8 am – 5 pm. Call 922-4911, check our website or FaceBook page for more information.