



**Grand Traverse County
Senior Center Network**

801 E. Front St.
Traverse City, MI 49686
231-922-4911
www.gtcoa.org

FOR IMMEDIATE RELEASE

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Subject: Caregivers Honored with ‘Blessing of the Hands’

The public is invited to celebrate caregiving – that special calling of duty, concern, and support given to those who can no longer fully care for themselves – care which respects the dignity of those receiving it – care which covers the many facets of daily life. Enjoy an interactive program, led by Mike Wermuth, Spiritual Care Advisor, Munson Home Care, at Grand Traverse Commission on Aging Senior Network satellite locations in Fife Lake (77 Lakecrest Lane), Wednesday, March 4; 1 – 2:00 p.m., and in Acme, at Hope Village (4354 Mt. Hope Rd.), Monday, March 9; 4 – 5:00 p.m. ‘Blessing of the Hands’ helps bring understanding and appreciation to caregivers who – communicate with health care providers and family members; manage medicines, diet, meals, and daily hygiene; monitor changes in function and behavior such as breathing, blood pressure, and memory loss; maintain safety within home and in equipment; advocate and accommodate physical and mental interaction and activity – now known to improve quality of life. Today, caregivers, often under-recognized, have an increasingly important role in developed societies as the aggregate age of its

members increases. No registration is required for this event; there is no charge.

Please call 231-922-4911, for more information.

The Senior Center Network is part of the Grand Traverse County Commission on Aging –
“Caring for those who cared for you” for 40 years.

Lori Wells, Deputy Director

Grand Traverse County Senior Center Network

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The Senior Center Network is part of the Commission on Aging, “Caring For Those Who Cared For You.” The Network provides many programs to older adults in Grand Traverse County. There are locations in Traverse City, Acme, Fife Lake, Interlochen and Kingsley. Thousands of seniors enjoy dozens of activities on a daily basis. Business hours are Monday – Friday 8 am – 5 pm. Call 922-4911, check our website or FaceBook page for more information.